

SENTIMENTAL

*Danse officielle du Championnat de France 2012 Country & Line
Smooth WCS*

Chorégraphe : Rachael McEnaney

Description : Line, 48 counts, 2 walls

Music: Sentimental by Gareth Gates

32 counts from start of track. Begin on vocals

- 1 - 8 Walk back LR, L ball change, step fwd L, diagonal ball cross, ½ turning R triple step, step fwd L**
- 1 - 2 Step back on left , step back on right 12.00
- & 3 & 4 Rock back on ball of left foot , step right foot in place , step forward on left 12.00
- & 5 Angle body to left diagonal at 10.30 – Rock back on ball of right foot, step left foot in place , 10.30
- 6 & 7 8 Straighten body to 12.00 – Step forward on right , make ¼ turn right stepping left next to right , make ¼ turn right stepping forward on right , step forward on left 6.00
- 9 - 16 Funky turns to left stepping ¼ with R, ½ with L, ½ with R, L sailor, R cross, 1/2 turn right stepping L R**
- &1&2&3 Make ¼ turn left dragging right toe in (no weight change), step right to right side , make ½ turn left dragging left toe in (no weight change, step left to left side , make ½ turn left dragging right toe in (no weight change), step right to right side
- NOTE: Try to think of this as simply Right (1), Left (2), Right (3) and try flexing knees on each step – the ‘&’ counts are part of styling. 3.00*
- 4 & 5 Cross left behind right , step right next to left , step left to left side 3.00
- 6 7 8 Cross right over left , make ¼ turn right stepping back on left , make ¼ turn right stepping right to right side – however end with body angled towards 10.30 (so essentially 3/8 turn)
- 17 - 24 L mambo with drag/sweep, ball step with ¼ turn, R mambo, L ball change, step fwd L**
- 1 & 2 Rock forward on left , recover weight onto right , take big step back on left 10.30
- 3 & 4 Drag right towards left / or sweep right foot round clockwise to behind left , step ball of right behind left , step left to left side *body no angled towards* 7.30
- 5 & 6 Rock forward on right , recover weight onto left , step right next to left 7.30
- & 7 8 Rock back on ball of left, recover weight onto right, step forward on left (*body still angled to* 7.30)
- 25 - 32 Hip bumps back forward, R coaster step, skate x2, ¾ left triple step**
- 1 - 2 Push weight back onto right foot bumping hips back, push weight forward onto left foot bumping hips forward 7.30
- 3 & 4 Push off left foot and step back on right, step left next to right, step forward on right 7.30
- 5 - 6 Skate left foot towards 4.30 , skate right foot towards 7.30 (these steps are done in place) 7.30
- 7 & 8 Make ¼ turn stepping forward on left , make ¼ turn stepping right next to left , make ¼ turn stepping forward on left (*this is a turning triple step you will end facing* 10.30)
- 33 - 40 Toe taps travelling back, ball changes back forward back, R kick ball change**
- 1&2&3 Touch right toe forward, step back on right , touch left toe forward, step back on left , touch right toe forward
- STYLING NOTE: When you touch toes forward make it look like a press (so knee is bent – no weight on bent knee)*
- &4&5 Rock back on ball of right, step in place with left , rock forward on ball of right, step in place with left 10.30
- &6 Rock back on ball of right, step in place with left 10.30
- 7 & 8 Raise up on left toe as you kick right foot forward, step in place with ball of right, step in place with left 10.30
- 41 – 48 R shuffle, turn, L shuffle, ¼ turn L stepping back, ¼ turn L stepping to side, step fwd R, L mambo**
- 1 & 2 Step forward on right, step left next to right, step forward on right 10.30
- & 3 & 4 Swivel ¼ turn right to face 1.30 on ball of right, step forward on left , step right next to left , step forward on left 1.30
- 5 - 6 Make 3/8 turn left stepping back on right (end facing 9.00), make ¼ turn left stepping left to left side 6.00
- 7 & 8 Step forward on right, rock forward on left, recover weight onto right (*ready to start again stepping back on left*) 6.00